

# SAFETY NOTICE

**TO:** All Employees

**Document No.:** S20-005

**FROM:** Steve Blaska, Chief Operations Officer  
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Mike Toole, Safety & Security Manager

**DATE:** March 27, 2020

**SUBJECT:** **Coronavirus (COVID-19) Situation Update #5**

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## **STA Message for the Week (from the Washington State Department of Health)**

Today, the Washington State Department of Health (DOH) confirmed new positive cases of 2019 novel coronavirus (COVID-19) in Spokane County. With the addition of these new cases, there is now a total of 67 Spokane Regional Health District (SRHD) is identifying and contacting those who may have come in contact with the infected individual. They will be monitored for fever and respiratory symptoms. Positive cases in Spokane County are posted on srhd.org and updated daily.

## **REMINDERS.....**

### **SPOKANE REGIONAL HEALTH DISTRICT (SRHD)**

SRHD reiterates the importance of taking the recommended measures to slow the spread of COVID-19 through personal preparedness measures and social distancing. As a reminder the following guidance is in place.

#### **Symptoms:**

- Cough, AND
- Fever
- Shortness of breath

If you think you are at risk of exposure to COVID-19 or have symptoms similar to those of COVID-19, call ahead before you go to your healthcare provider, urgent care, or the emergency department.

If you do not have a health provider or insurance, and you meet the above high-risk criteria, visit the COVID-19 Screening Center at the Spokane Interstate Fairgrounds, open Mon.-Fri. from 10 a.m.-7 p.m., and Sat.-Sun. from 10 a.m.-5 p.m.

### **CENTER FOR DISEASE CONTROL (CDC)**

#### **Prevention steps are:**

The CDC recommends the following steps to help prevent the spread of COVID-19 if you are sick: [P: \Public\Safety\Safety Forms\CDC What to do if sick.pdf](#). Employees without email will receive the CDC recommendation in their mailbox attached to this Safety Notice.

## **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

**If you are experiencing stress or anxiety due to recent events help is available at:**

Your mental health and emotional well-being are also important and shouldn't be overlooked. Our Employee Assistance Program provides numerous resources and services to help navigate during times of anxiety and stress.

- [www.eaphelplink.com](http://www.eaphelplink.com) Code STA or 1-800-999-1077

## **OPERATING NOTICES**

Operation Notices for implementing the Fare Suspension and Senior Ride Programs are posted on department bulletin boards.

## **OTHER CREDITABLE INFORMATION RESOURCES**

- Center for Disease Control <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Spokane Regional Health District <https://srhd.org/>
- Washington State Department of Health <https://www.doh.wa.gov/Emergencies/Coronavirus>
- Spokane Transit Authority <https://www.spokanetransit.com/>

Contact your Manager or Supervisor if you have questions or need additional assistance.

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